
INTAC Postoperative Instructions

1. On the day of surgery, keep your eye shield on until your one-day postoperative appointment.
2. Wear the eye shield at bedtime for one week following surgery.
3. Do not rub or bump your eye for three months following surgery.
4. Do not drive unless you feel confident and safe with your vision. Never drive while under the influence of any pain medications or relaxing medications. Your vision may fluctuate for the first few weeks. Use good judgment.
5. Do not wear eye makeup or apply lotions for one week following surgery. Avoid any pressure on the colored part of your eye for the first three months following surgery.
6. You may bathe or shower; however, avoid getting any water in your eye for two weeks after surgery.
7. No swimming, hot tubs or whirlpools for two weeks.
8. You may experience light sensitivity and/or glare around lights. You should protect your eyes with UV filtering sunglasses following surgery. You will experience some of the following symptoms the first several hours after surgery: light sensitivity, scratchiness, burning sensation and tearing.
9. Expect halos, fluctuation in vision, and decreased night vision for six weeks.
10. Medications.
 1. Do not drink any alcohol while taking the prescription relaxing medications.
 2. *It is important to follow the instructions on your eye medications exactly.*
Any prescription eye drops may have severe side effects if used other than prescribed.
 - _____ (steroid drop).
Use 1 drop in the RIGHT / LEFT eye 4 times a day for 1 week.
 - _____ (antibiotic drops).
Use 1 drop in the RIGHT / LEFT eye 4 times a day until finished.
 - Refresh Plus (or any other preservative-free artificial tears) should be used frequently for lubrication.
11. If you have a concern and need to speak to a doctor, you may call the office or call
800-345-8979 after 5 p.m.

